

Athletic Directors -

The following email was sent to Superintendents this afternoon. If you have any questions, please email us at athletics@uiltexas.org.

Thank you,
Susan Elza, Ed.D.

Superintendents,

The UIL has posted updates to the General Operation Guidelines section of the [UIL COVID-19 Risk Mitigation Guidelines](#). These updates are highlighted in red text online, and relate to the stay-at-home period for close contacts of individuals who tested positive. These are consistent with TEA and CDC guidance.

For individuals experiencing no symptoms, the stay-at-home period can end as follows:

- On Day 10 after close contact exposure without testing
- On Day 7 after close contact exposure and after receiving a negative test result

If individuals return to school from these shorter stay-at-home windows, they should regularly monitor themselves for symptoms to ensure they remain symptom-free and take appropriate precautions for the duration of the 14-day incubation period.

Additionally, taking all of the above into account, schools should establish stay-at-home periods consistent with this guidance and listed in the [guidelines](#), and apply it to staff, students and visitors.

Thank you for all you are doing to keep your communities safe and healthy.

Sincerely,

Charles Breithaupt, EdD
Executive Director
University Interscholastic League

Jamey Harrison, EdD
Deputy Director
University Interscholastic League