Athletic Directors and Cross Country Coaches,

UIL has posted updated information in the [UIL Cross Country COVID Calendar & Update](https://www.uiltexas.org) on the UIL website. These changes include:

- A revision to the invitational meets requirements for schools that have less than 3 runners;
- A revision to the district, regional and state meet dates
- A revision to the qualifying structure for regionals and state.

Please continue to check back to the “2020-21 Cross Country COVID Calendar & Update” link on the main Cross Country page each week to for the most recent updates and changes. The 2020-21 school year is unique, and we will continue to update this document concerning Cross Country should future changes occur. NOTE: The Cross Country Manual and the UIL C&CR may not have these same updates.

We appreciate your support and diligence during this pandemic. It is important that we are all leading in a forward and positive manner while dealing with the challenges that have been placed in front of us.

If you have questions, please email [athletics@uiltexas.org](mailto:athletics@uiltexas.org)

Best of Luck this Season,

Susan Elza, Ed.D.
UIL Director of Athletics